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a student, one just entering upon the practice of her profession, or one anxious to keep abreast of the changing times.

AMY P. MILLER, R.N., *Princeton, N. J.*

FIRST YEAR NURSING. Third Edition. By Minnie Goodnow, R.N. 358 pages. Illustrated. W. B. Saunders and Company, Philadelphia and London. Price, \$2.25 net.

Since the first edition of this well known text-book, so great an advance in the study of nursing has been made that it has become imperative in the interest of both nursing instructors and students in training, that this, a revised edition, be issued in which are incorporated the latest facts relative to practical nursing.

This book emphasizes the importance of Ethics, the Care of Beds and Bed-making, the Classification of Diets and the Serving of Meals, Systematic Ward Duties, Baths and Hydro-therapy, the Comfort of Patients, Enemata and the various kinds of Douches; Examinations and Ward Dressings; External Applications; Temperature, Pulse and Respiration; Medicines; the Observation of Symptoms; the Nursing Care and Treatment of Medical and Surgical, Ear, Nose and Throat Cases. Valuable information is conveyed to the young nurse in the care and nursing of Gynecological and Obstetrical Cases, together with useful advice in the care of babies. Attention is called to Operative Technique and Bandaging, thus enabling the nurse to realize the great importance of this branch of nursing. The introduction of Occupational Therapy and the use of this curative agent is also dealt with. The fundamental principles of nursing are defined and the individual subjects demonstrated and detailed systematically and placed before the nurse with unusual lucidity.

The useful information given throughout the book is reinforced by review questions at the conclusion of every chapter by which the knowledge gained during the study of the book can be thoroughly tested.

The use and study of this nursing book is recommended to all instructors and teachers as it presents in each chapter a full and complete lecture on the subject mentioned in a clear and concise manner, such as will arouse the interest of all student nurses.

HENRIETTA B. DOUGLAS,
Instructor, Philadelphia General Hospital.

BOOKS RECEIVED

MANAGEMENT OF THE SICK INFANT. By Langley Porter, B.S., M.D., M.R.C.S. (Eng.), L.R.C.P. (Lond.), and William E. Carter, M.D. C. V. Mosby Company, St. Louis. Price, \$7.50.

OBSTETRICAL NURSING. By Alice Weld Tallant, A.B., M.D. Lea and Febiger, Philadelphia and New York. Price, \$2.25.

AN ELEMENTARY MANUAL OF PHYSIOLOGY. By Russell Burton-Opitz, M.D., Ph.D. W. B. Saunders Co., Philadelphia and London. Price, \$2.50.

OPIATE ADDICTION. By Edward Huntington Williams, M.D. The Macmillan Company, New York. Price, \$1.75.

INDIVIDUAL GYMNASTICS. By Lillian Curtis Drew. Lea and Febiger, Philadelphia and New York. Price, \$2.00.

HYGIENE AND SANITATION. By George M. Price, M.D. Fourth Edition. Lea and Febiger, Philadelphia and New York. Price, \$2.25.

The monthly *Bulletin* of the Department of Public Health of the City of Philadelphia for November, 1921, contains a report of the organization and function of the nursing service of the Department of Public Health by S. Lillian Clayton, which presents a picture of allied nursing service, such as we have rarely had the privilege of seeing. In her summary of principles of organization which can be readily applied to nursing organization in hospitals Miss Clayton brings out one point which is significant of the increasing appreciation by hospital authorities of public health: "To stimulate ideals of preventive work in the minds of the nurses, and to instill in them the viewpoint of social service in connection with their work."

In the report appended of the organization of the nursing service of the Division of Child Hygiene, Bureau of Health, the personnel of which consists of: a chief nurse, six field supervisors and fifty-three field nurses, we find another significant paragraph:

"To be eligible for appointment to the nursing staff of the Department of Child Hygiene, it is necessary that the nurses shall have had a general nursing education with special emphasis on the prenatal and postnatal care of mothers and in the care of infants, child hygiene, public health nursing, dietetics and sanitation."

Happy's Vanity Case is a recent and characteristically clever booklet prepared by the Child Health Organization of America, 370 Seventh Avenue, New York. It recommends a number of nature's cosmetics. Special mention is made of Cow's Vanishing Cream which, although best known as a complexion cream, if taken regularly, will bring graceful lines to the entire body.

Good Teeth is a valuable pamphlet on the care of the teeth which can be obtained by sending five cents to the Superintendent of Documents, Government Printing Office, Washington, D. C.